

TAEKWONDO CHUNGDOKWAN GREAT BRITAIN



**NATIONAL CHAMPIONSHIPS
SATURDAY 20 MARCH 2010**

**BRACKNELL LEISURE CENTRE
BAGSHOT ROAD
BRACKNELL
RG12 9SE**

WWW.CHUNGDOKWAN.ORG.UK



Taekwondo Chungdokwan Great Britain National Championships 2010



National Championships

1. **Venue:** Bracknell Leisure centre
2. **Date** Saturday 20 March 2010
3. **Schedule:**

Doors open	8.30am
Kyorugi Weigh in	8-30am – 9-30am
Poomsae Competition	9-00am start
Kyorugi Competition	11-00am start

4. **Registration Requirements**

A copy of your current BTCB Licence must be submitted with the entry form and must be produced at registration. If your Licence has expired, renew it immediately. Entry forms received without valid licences will not be entered in the tournament. You must be able to produce a Valid Licence on the day; if you are unable to produce a licence you will be unable to compete.

5. **Entry Details:**

Kyorugi: Entry for the kyorugi tournament may be made online at

www.ma-regonline.com

Once you have registered details, you will need to send the entry fees to Tessa Philpott at the address below, together with a list of competitors they relate to. (Entries made online but not followed up with payment by the closing date will not be entered in the draw).

If you do not wish to enter online, please complete the attached entry form and send it with your entry fee to Tessa Philpott.

Poomsae: There is no online entry. Please send entry forms and fees to:

Tessa Philpott
30 Medicott Way
Swanmore
SOUTHAMPTON
SO32 2NE

Coaches / Instructors must ensure that all forms have been **FULLY COMPLETED** and that the information is current and correct.

6. **Entry Fees**

Competitors: Kyorugi £20.00 / Poomsae £20.00 / Both £30.00

Spectators: Adults £4.00 / Children £2.00 / Families £8.00 (2 adults + 2 children)

Cheques should be made payable to **Chungdokwan GB** and included with your entry form



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7. **Closing Date**

All Entry forms, with entry fees, must be submitted no later than **Saturday 6 March 2010**. **In order to comply with event regulations, this deadline will be strictly enforced.**

There will be no refunds for any withdrawals, However, substitutions may be made up to the closing date.

8. **Officials**

All clubs entering 8 or more competitors must provide a non-competing/non-coaching official. Clubs not nominating an official will not have their competitors entered in the draw.

9. **Procedures**

All procedural matters will be conducted under the adjudication of Grand Master Lindsay Lawrence. Any challenges should be made immediately after either kyorugi bout or poomsae division concerned. Grandmaster Lawrence's decision will be final.

10. **Charity Support**

Taekwondo Chungdokwan GB will be supporting **The Red Balloon Learner Centre Charity** and a proportion of monies received will be donated to this cause. The charity supports children who have been victims of bullying; for more information please visit their website www.redballoonlearner.co.uk.

There will be further opportunities to support this charity on the day of the tournament.

11. **Consent for photography and video recording and the use of the recorded images**

Taekwondo Chungdokwan GB recognises the need to ensure the welfare and safety of young people in Taekwondo. As part of our commitment to ensure the safety of young people we will not permit photographs, videos or other images of children to be taken or used without the consent of the parents/carers. The association will follow the guidance for the use of images of children, a copy of which is in the British Taekwondo Council Child Protection Policy.

TCGB will take all steps to ensure that these images are used solely for the purposes that they are intended, which is the promotion and celebration of the activities of the association.

In entering into this competition and signing the entry forms below consent is given for photography and video recording and the use of recorded images.



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Directions

The tournament is being held at:

Bracknell Leisure Centre
Bagshot Road
Bracknell
Berkshire
RG12 9SE

Situated on the A322 between M4 Junction 10 and M3 Junction 3. Follow the brown tourist signs to the sports centre.

M3 Junction 3 approximately 4.7 miles

M4 Junction 10 approximately 3.7 miles

Further details can be found on the leisure centre's website:

www.bracknell-forest.gov.uk/leisure/leis-bracknell-sport-and-leisure-centre.htm



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KYORUGI

Weigh In: Saturday 20 March 2010 **8-30AM to 9-30AM**

There will be a full weigh in for all fighters. Please note, if you fail your weigh in, you will be disqualified with no claim to a refund.

Rules: WTF Full Contact rules will be followed except where explicitly stated otherwise. Full armour required; body (including back protection), head guard, forearm guard, shin guard (*without in-step*), gloves, groin guard and gum shield.

There will be a no headshot rule applied for all bouts in the PeeWee category

All competitors must hold a current licence: a copy of which to be included with the entry form and presented on the day at weigh in.

Coaches must be over 18 and hold Instructor Professional Indemnity Insurance.

Body Armour and Head Guards must carry the WTF Logo

The decision of the judge is final.

Grade Categories:

Novice	9 th – 7 th Kup
Intermediate	6 th – 3rd Kup
Advanced	2 nd kup and above

The organisers reserve the right to propose the merging of grade, weight and age categories if there are less than four competitors in divisions. This will be subject to the agreement of the competitors and coaches concerned, and in the case of minors their parents (if present).



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KYORUGI continued

Weight Categories:

Pee Wee (ages <9)	
Boys	Girls
< 21 kg	< 21 kg
< 24 kg	< 24 kg
< 27 kg	< 27 kg
< 30 kg	< 30 kg
< 33 kg	< 33 kg
< 37 kg	< 37 kg
37 kg +	37 kg +

Child (ages 10 –13)	
Boys	Girls
< 27 kg	< 24 kg
< 30 kg	< 27 kg
< 33 kg	< 30 kg
< 37 kg	< 33 kg
< 41 kg	< 37 kg
< 45 kg	< 41 kg
< 49 kg	< 45 kg
< 53 kg	< 49 kg
< 57 kg	< 53 kg
57 kg +	53 kg +

Junior (ages 14 –17)	
Boys	Girls
< 45 kg	< 44 kg
< 48 kg	< 46 kg
< 51 kg	< 49 kg
< 55 kg	< 52 kg
< 59 kg	< 55 kg
< 63 kg	< 59 kg
< 68 kg	< 63 kg
< 73 kg	< 68 kg
< 78 kg	68 kg +
78 kg +	

Adult (ages 18-34)	
Men	Women
<58 kg	<49 kg
<63 kg	<53 kg
<68 kg	<57 kg
<74 kg	<62 kg
<80 kg	<67 kg
<87 kg	<73 kg
87 kg +	73 kg +

Veterans (ages 35+)	
Men	Women
<58 kg	<49 kg
<68 kg	<57 kg
<80 kg	<67 kg
80 kg +	67 kg +



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POOMSAE

Registration: Saturday 20 March 2010 8-30am.

Tournament starts: 9-00am

Rules:

The tournament is to be run on a match-play basis whereby two competitors perform at the same time. There will be up to 5 judges who signify who has won by raising a red/blue flag as appropriate.

In the first round, all competitors will be required to perform two poomsae; one of which must be the poomsae compulsory for their grade (see below). A third poomsae will be required if there is a draw after the first two poomsae (ie each competitor has won one round).

In subsequent rounds, the competitors will perform one poomsae of their choice (they can repeat poomsae from an earlier round but only 9th and 10th kup may perform the same poomsae twice within a round).

The winners of each round will proceed to another round until a final winner is reached for the category

All competitors must choose their poomsae from the range applicable to their grade (see below).

The organisers reserve the right to merge grades and ages according to entries received.

Grade Divisions

Novice	10 th – 8 th Kup
Intermediate	7 th – 5 th Kup
Senior	4 rd – 1 st Kup
Dan	1 st Dan and above

Age Divisions

Kup grades	Dan grades
6 and under	14 and under
7-10	15-17
11-13	18-30
14-17	31-40
18-34	41-50
35-54	51-64
55+	65+



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Permissible Poomsae

Kup Grades

	Compulsory Poomsae	Lowest Permissible Poomsae	Highest Permissible Poomsae
10 th kup	Taeguk 1	Taegeuk 1	Taegeuk 1
9 th kup	Taeguk 1	Taegeuk 1	Taegeuk 1
8 th kup	Taeguk 1	Taegeuk 1	Taegeuk 2
7 th kup	Taeguk 2	Taegeuk 1	Taegeuk 3
6 th kup	Taeguk 3	Taegeuk 1	Taegeuk 4
5 th kup	Taeguk 4	Taegeuk 1	Taegeuk 5
4 th kup	Taeguk 5	Taegeuk 1	Taegeuk 6
3 rd kup	Taeguk 6	Taegeuk 2	Taegeuk 7
2 nd kup	Taeguk 7	Taegeuk 3	Taegeuk 8
1 st kup	Taeguk 8	Taegeuk 4	Koryo

Dan Grades

	Compulsory Poomsae	Lowest Permissible Poomsae	Highest Permissible Poomsae
1 st Dan	Koryo	Taegeuk 5	Keumgang
2 nd Dan	Keumgang	Taegeuk 6	Taebeck
3 rd Dan	Taebeck	Taegeuk 7	Pyongwong
4 th Dan	Pyongwong	Taegeuk 8	Sipjin
5 th Dan	Sipjin	Koryo	Jittae
6 th Dan	Jittae	Keumgang	Chonkwon



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Competitor's Entry Form (Kyorugi)

Please either:

- Register online at: www.ma-regonline.com and then send your cheque (with details of competitor written on the back) to the address below; or
- complete this form in BLOCK CAPITALS and send with the entry fee to the address below.

If a competitor's form is incomplete, the fighter will not be entered in the competition and will not receive a refund. Also forms without fees will be disregarded

Surname			
First name		Gender (male/female)	
Date of birth (dd-mm-yyyy)		Age on date of tournament:	
Actual weight (kgs)		Grade (eg 5 th kup)	
BTCB Membership number	M		
Licence number	A	Expiry date	
Home address			
Club name		Instructor's name	
Instructor's email address			

I wish to enrol as a competitor in the above competition and state that: -

1. I will accept the result of the official board.
2. I clearly understand that it is my own responsibility for any injury I may sustain.
3. I am fit to take part in the competition.
4. I hold a current license.
5. All the above information is correct.

I have carefully read and understand the declaration above

Competitors Signature: _____
(or parent/guardian's signature is <18)

Instructor's signature: _____

Please paste a copy of your
licence slip here.
Entries without valid licences
will be disregarded

Please send completed entries and cheques to:
**Tessa Philpott, 30 Medlicott Way, Swanmore,
SOUTHAMPTON, SO32 2NE by 5 March 2010**



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Competitor's Entry Form (Poomsae)

Please complete the form in BLOCK CAPITALS and send to the address below. If a competitor's form is incomplete or no payment is included, the competitor will not be entered in the competition and will not receive a refund.

Surname			
First name		Gender (male/female)	
Date of birth (dd-mm-yyyy)		Age on date of tournament:	
Grade (eg 5 th kup)			
BTCB Membership number	M		
Licence number	A	Expiry date	
Home address			
Club name		Instructor's name	
Instructor's email address			

I wish to enrol as a competitor in the above competition and state that: -

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Instructor's signature: _____

Please send completed entries and cheques to:
**Tessa Philpott, 30 Medicott Way, Swanmore,
SOUTHAMPTON, SO32 2NE by 5 March 2010**

<p>Please paste a copy of your licence slip here. Entries without valid licences will be disregarded</p>
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