

Nationale Kampioenschappen Sparring 2009

Dordrecht
Zaterdag 31 januari 2009



Results

Category: Seniors Female A -47 kg (Fin) - Competitors: 2

1st	43	Karia, Ahiliya	Koryo Den Haag	NED
2nd	172	Decker, Roxanne	Taekwondoschool Tapia	NED

Category: Seniors Female A -51 kg (Fly) - Competitors: 7

1st	212	van den Dungen, Janneke	Tilburg Noord Taekwondo (TNT/SPIO	NED
2nd	194	Hira, Manisha	Team Seongong	NED
3rd	22	Baez Garcia, Jenniffer	Henk Meijer Groningen	NED
3rd	224	Morsink, Tanja	TKD Oude Luttikhuis	NED

Category: Seniors Female A -55 kg (Bantam) - Competitors: 6

1st	226	Van Zenden, Nicole	TKD Oude Luttikhuis	NED
2nd	173	Reuvers, Treesje	Taekwondoschool Tapia	NED
3rd	149	van Zanten, Tyféne	Taekwondo Vereniging Almere	NED
3rd	135	Krieger, Michelle	Taekwondo IJselland	NED

Category: Seniors Female A -59 kg (Feather) - Competitors: 5

1st	277	Louz, Deborah	TSV Yoo Sin	NED
2nd	195	Arrad, Amal	Team Seongong	NED
3rd	97	Veen van, Jalyssa	Sidokwan	NED
3rd	124	van Leuken, Frauke	Taekwondo Club Lautenschläger	NED

Category: Seniors Female A -63 kg (Light) - Competitors: 5

1st	136	Boesveld, Myrthe	Taekwondo IJselland	NED
2nd	262	witteman, judith	Tkd vereniging Leiden	NED
3rd	273	janssen, esmee	ts marcel v/d poel	NED
3rd	227	Van Baaren, Joyce	TKD Oude Luttikhuis	NED

Category: Seniors Female A -67 kg (Welter) - Competitors: 3

1st	228	Abbink, Marjolijn	TKD Oude Luttikhuis	NED
2nd	63	Jansen, Savannah	Louis van Esch	NED
3rd	19	Draaijer, Maaïke	Budovereniging Hantei	NED

Category: Seniors Female A -72 kg (Middle) - Competitors: 3

1st	114	Oogink, Reshmie	Tae kwon do Apeldoorn	NED
2nd	64	Vervloet, Elles	Louis van Esch	NED
3rd	238	van Happen, Rita	TKD Kawarmala	NED

Category: Seniors Female A +72 kg (Heavy) - Competitors: 3

1st	229	Oude Luttikhuis, Yvonne	TKD Oude Luttikhuis	NED
2nd	7	Vorgers, Ilona	Budo Aykac	NED
3rd	213	Reijnen, Andrea	Tilburg Noord Taekwondo (TNT/SPIO	NED

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Category: Seniors Male A -54 kg (Fin) - Competitors: 5

1st	45	Abdoel, Raees	Koryo Den Haag	NED
2nd	46	Sewnundun, Vikash	Koryo Den Haag	NED
3rd	196	Jagbandhan, Navin	Team Seongong	NED
3rd	113	Lavain, Djuri	T.V.Moutarazak	NED

Category: Seniors Male A -58 kg (Fly) - Competitors: 7

1st	203	RUILING, TOMMY	Theo meijer sport / TTE Top Taekwon	NED
2nd	179	Aznay, Rachid	Taekyon-Haarlem	NED
3rd	202	Naderifard, MANNI	Theo meijer sport / TTE Top Taekwon	NED
3rd	107	Boubakari, Mohamed	Stichting Taekrosa	NED

Category: Seniors Male A -62 kg (Bantam) - Competitors: 10

1st	150	Popal, Fawat	Taekwondo Vereniging Almere	NED
2nd	230	Zemar, Roman	TKD Oude Luttkhuis	NED
3rd	47	De Langh, Danny	Koryo Den Haag	NED
3rd	104	Tahiri, Zaid	Stg.Sc.Martial Arts Europe	NED

Category: Seniors Male A -67 kg (Feather) - Competitors: 8

1st	156	Laus, Robin	Taekwondo Zuid-Oost	NED
2nd	174	Tapia, Ramon	Taekwondoschool Tapia	NED
3rd	161	van kesteren, Rico	taekwondoschool sjabbens	NED
3rd	68	Bekkers, Dennis	NL Military Taekwondo Equipe	NED

Category: Seniors Male A -72 kg (Light) - Competitors: 10

1st	214	Mollet, Tommy	Tilburg Noord Taekwondo (TNT/SPIO	NED
2nd	48	Remak, Joel	Koryo Den Haag	NED
3rd	205	Slingerland, Martijn	Theo meijer sport / TTE Top Taekwon	NED
3rd	125	Fernald, Gino	Taekwondo Club Lautenschläger	NED

Category: Seniors Male A -78 kg (Welter) - Competitors: 9

1st	180	Lamou, Tarik	Taekyon-Haarlem	NED
2nd	232	Folson, Ronald	TKD Oude Luttkhuis	NED
3rd	17	Joon, Marco	Budoschool Ronald de Tombe	NED
3rd	137	Wanrooij, Jeroen	Taekwondo IJselland	NED

Category: Seniors Male A -84 kg (Middle) - Competitors: 6

1st	233	Oude Luttkhuis, Thijs	TKD Oude Luttkhuis	NED
2nd	115	Oogink, Michael	Tae kwon do Apeldoorn	NED
3rd	164	Bosch, Jeffery	taekwondoschool sjabbens	NED
3rd	110	Mando, Edward	Stichting Taekrosa	NED

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Category:		Seniors Male A +84 kg (Heavy) - Competitors: 3		
1st	71	Greevink, Ferry	NL Military Taekwondo Equipe	NED
2nd	72	van der Hulst, Rick	NL Military Taekwondo Equipe	NED
3rd	138	Kaya, Merdan	Taekwondo IJselland	NED