



**BRITISH
TAEKWONDO
NATIONAL
CHAMPIONSHIPS
2023**



**BRITISH
TAEKWONDO**



EIS SHEFFIELD
COLERIDGE ROAD
SHEFFIELD S9 5DA

**30 SEPTEMBER
& 1 OCTOBER
2023**



BRITISH TAEKWONDO NATIONAL CHAMPIONSHIPS 2023



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WELCOME

The combat sport competition circuit is as strong as ever in 2023 and we are looking forward to a bumper National Championships event featuring Advanced and Novice competition days.

After the success of last year, our biggest ever, this years' event will again take place at the English Institute of Sport (EIS) in Sheffield and will be open to all categories, age groups and abilities.

Please encourage your budding stars to take part and be crowned British Champion. *Good luck!*



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01

OVERVIEW

VENUE:
EIS Sheffield, Coleridge Road,
Sheffield S9 5DA

DATES:
SATURDAY 30th SEPTEMBER – ADVANCED
SUNDAY 1st OCTOBER – NOVICE

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TIMETABLE

The event timetable can be downloaded at
www.britishtaekwondo.org.uk

This timetable is subject to change,
please check regularly.

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CONTESTANT ELIGIBILITY

All participants must be members of British Taekwondo.
All competitors must be a UK passport holder or UK resident.
(Advanced athletes wishing to be considered for national teams
must be a UK passport holder).

MEMBERSHIP

All memberships will be checked by audit of entries prior to competition.
Coaches must also have up to date DBS check and logged on the hub system.

Competitors must bring and show PHOTO identification at weigh in.
Coaches must bring and show PHOTO identification at registration to collect
coaches passes and team packs and must attend in person.

We urge all participants to plan now to ensure your memberships and insurances
are up to date.

Anyone removed from the event system due to lapsed membership or no DBS
in the case of coaches will not be permitted to participate. Entry fees cannot be
refunded in this case.

If you have any issues about membership, please
ask your club coach/instructor to contact British
Taekwondo membership services.



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WEIGHT DIVISIONS

ALL MATCHES TO BE 3 x 1 1/2 MINUTE ROUNDS

SATURDAY 30th SEPTEMBER 2023

PARA-TAEKWONDO ATHLETES

Kyorugi is contested in two WT Para-Classes, K40 for athletes with upper limb deficiency and K60 for deaf/hearing impaired athletes.

PARA SENIORS 8th KUP and above

Born 2007 or before

Senior Male: -61kg -75kg +75kg

Senior Female: -49kg -58kg +58kg

In the case of insufficient numbers of athletes, classes and divisions may be combined. Classification of para athletes will take place on the morning during the weigh-in. The competition will take place under WT Para Taekwondo rules & regulations.

ALL MATCHES TO BE 1 x 5 MINUTE ROUND

ADVANCED PEE WEE 2nd KUP and above

Born in 2015 or later

Pee Wee Male: -18kg -20kg -22kg -24kg -26kg -30kg +30kg

Pee Wee Female: -18kg -20kg -22kg -24kg -26kg -30kg +30kg

ADVANCED CHILD 2nd KUP & above

Born in 2012, 2013, 2014

Child Male: -24kg -26kg -29kg -32kg -36kg -40kg -44kg -48kg +48kg

Child Female: -24kg -26kg -29kg -32kg -36kg -40kg -44kg -48kg +48kg

ADVANCED CADETS 2nd KUP & above

Born in 2009, 2010, 2011

Cadet Male: -33kg -37kg -41kg -45kg -49kg -53kg -57kg -61kg -65kg +65kg

Cadet Female: -29kg -33kg -37kg -41kg -44kg -47kg -51kg -55kg -59kg +59kg

ADVANCED JUNIORS 2nd KUP and above

Born in 2006, 2007, 2008

Junior Male: -45kg -48kg -51kg -55kg -59kg -63kg -68kg -73kg -78kg +78kg

Junior Female: -42kg -44kg -46kg -49kg -52kg -55kg -59kg -63kg -68kg +68kg



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ADVANCED SENIORS

2nd KUP and above

Born 2006 or before

Senior Male: -54kg -58kg -63kg -68kg -74kg -80kg -87kg +87kg

Senior Female: -46kg -49kg -53kg -57kg -62kg -67kg -73kg +73kg

VETERANS 4th KUP and above

Born 1988 or before

Senior Male: -58kg -68kg -80kg +80kg

Senior Female: -49kg -57kg -67kg +67kg

MATCHES WILL BE 3 X 1 1/2 MINUTE ROUNDS - FOR CHILD, CADET AND VETERAN CATEGORIES

MATCHES WILL BE 3 X 2 MINUTE ROUNDS - FOR JUNIOR & SENIOR CATEGORIES (12 point gap rule will NOT apply in finals of all categories).

IMPORTANT INFORMATION

Daedo Electronic Body Protector systems and headguards will be used for all athletes competing on both days.

THESE ATHLETES MUST BRING THEIR OWN DAEDO SOCKS.

If you do not have these socks, please contact:

goldforce_adele@aol.co.uk



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WEIGHT DIVISIONS

SUNDAY 1st OCTOBER 2023

If you meet any of the following criteria then you are **not eligible** to compete as a Novice:

- Has historically competed at BT National Championships 5+ times
- Current or Former member of GB Taekwondo Fighting Chance Phase 3/beyond
- Current member of the BT Cadet / Under 21 squad (not including Development team)
- Kyorugi GAL Card Holder
- Competed at advanced international level in other martial arts (e.g. Kickboxing, ITF, Karate etc)

If any of the above apply but you are between 8th – 3rd Kup – you must compete in an Advanced category. Your club would need to promote you to 2nd Kup or above to enable you to compete.

NOVICE PEE WEE 8th KUP to 3rd KUP

Born in 2015 or later

Pee Wee Male: -18kg -20kg -22kg -24kg -26kg -30kg +30kg

Pee Wee Female: -18kg -20kg -22kg -24kg -26kg -30kg +30kg

CHILD 8th KUP to 3rd KUP

Born in 2012, 2013, 2014

Child Male: -24kg -26kg -29kg -32kg -36kg -40kg -44kg -48kg +48kg

Child Female: -24kg -26kg -29kg -32kg -36kg -40kg -44kg -48kg +48kg

CADETS 8th KUP to 3rd KUP

Born in 2009, 2010, 2011

Cadet Male: -33kg -37kg -41kg -45kg -49kg -53kg -57kg -61kg -65kg +65kg

Cadet Female: -29kg -33kg -37kg -41kg -44kg -47kg -51kg -55kg -59kg +59kg

JUNIORS 8th KUP to 3rd KUP

Born in 2006, 2007, 2008

Junior Male: -45kg -48kg -51kg -55kg -59kg -63kg -68kg -73kg -78kg +78kg

Junior Female: -42kg -44kg -46kg -49kg -52kg -55kg -59kg -63kg -68kg +68kg

SENIORS 8th KUP to 3rd KUP

Born 2006 or before

Senior Male: -54kg -58kg -63kg -68kg -74kg -80kg -87kg +87kg

Senior Female: -46kg -49kg -53kg -57kg -62kg -67kg -73kg +73kg

ALL MATCHES ON SUNDAY WILL BE 3 X 1 1/2 MINUTE ROUNDS INCLUDING FINALS
12 point gap rule will still apply in all finals

IMPORTANT INFORMATION

Daedo Electronic Body Protector systems and headguards will be used for all athletes competing on both days.

ALL ATHLETES MUST BRING THEIR OWN DAEDO SOCKS.

If you do not have these socks, please contact:

goldforce_adele@aol.co.uk



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APPLICATIONS

**All applications are to be made online at
Martial Arts Registration Online: www.ma-regonline.com**

Please note: we will allow changes in competitor weight groups should a player fail the weigh-in (subject to an administration fee of £20.00 payable at the time of the weigh-in).

All coaches are responsible for ensuring their players weight and entry details are correct as no refunds will be given should any player be disqualified or not wish to pay the administration fee to move weight groups.

All information must be entered when registering players.

Any player found not to have entered membership numbers and all other requested information will be removed from the system.

Any players remaining in the online system at the deadline will be responsible for paying the full entry fee even if that player does not compete.

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OPENING & CLOSING DATES

The entry portal for all categories will open on **3rd April 2023**.

The entry portal for all categories will close at 21:00 on **29th August 2023** (*or before if maximum number of entries has been reached).

All Payments must be received by 21:00 on **29th August 2023**.
If your payment has not been received by this date,
your players will be removed from the system.

As soon as the entry portal closes the waiting list will open. Waiting list entries are on a first come first served basis. There is also no guarantee of entry for any players on the waiting list.



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COACH ACCREDITATION

Coaches MUST hold a current British Taekwondo Membership, Instructors Indemnity Insurance and must possess a valid Criminal Records Check document (DBS).

The minimum age for a coach is 18 years old.

Coach's passes will only be issued if the coach's membership information is completed in full online.

Coaches must bring and show PHOTO identification at registration to collected coaches passes and team packs and must attend in person.

All coaches must register online prior to the deadline date. Once this deadline has passed no further coaches will be added. All information must be given online, or coaches will be removed from the system.

No. of athletes	No. of Allocated Coaches Passes
5 and Under	1
10 and Under	2
15 and Under	3
20 and Under	4
25 and Under	5

If you require additional coaching passes you may purchase these for £20 each by completing a coaches pass application form for each additional pass required. You must pay for this at the same time you pay for your entry fees.

Coaches will only be permitted at ringside if they have an athlete competing.

Coaches must wear appropriate attire – refer to section 4.3 of the British Taekwondo Field of Play (FOP) Protocol policy.



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REGISTRATION, WEIGH IN & DRAW

REGISTRATION AND WEIGH IN

For **all** competitors competing on Saturday 30th September & Sunday 1st October, the registration & weigh-in will be on Friday 29th September from 12pm until 8pm.

There will be no further weigh-in for Saturday competitors.

For **all** competitors competing on Sunday 1st October, a further registration & weigh-in opportunity will be held on Saturday 30th September from 1pm until 5pm.

All weigh-ins will be conducted in with British Taekwondo Weigh-In Policy.

Athletes are advised to consult British Taekwondo's Policy on Making Weight for Training and Competition.

DRAWING OF LOTS

The drawing of lots for Saturday's weight groups will take place immediately after the weigh-in closes at 8pm on Friday.

A full set of draw sheets will be made available for any coaches and will be posted online at www.britishtaekwondo.org.uk & www.ma-regonline.com websites. These should be available around 10pm.

Coaches should pay particular attention to those athletes competing in the first few matches on each court and ensure they are at the venue in good time to warm up and prepare.

A further drawing of lots for Sunday's weight groups will take place at the venue on Saturday at approximately 6pm following the completion of the weigh-in. There will be no seeding at this event.

A full set of draw sheets will be made available for any coaches and will be posted online at www.britishtaekwondo.org.uk & www.ma-regonline.com websites.



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COMPETITION RULES

Full World Taekwondo Competition Rules will be applied as adopted January 2023

All athletes will be provided with a Daedo Electronic body protector and e-headguards

All athletes should bring their own Daedo socks and all other PPE/equipment.

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DOPING CONTROL

Doping Control at the National Championships may be conducted according to the World Anti-Doping Code and the list of Prohibited Substances and Methods in force at the time of the event.

The Organising Committee may carry out doping tests among the participating athletes at random.

Any athlete who refuses to undergo testing or who proves to have committed a breach of this regulation shall be removed from the final standings and shall be subject to a disciplinary action.

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AWARDS

Awards will be presented to all tournament Champions, 2nd Place and 2 x 3rd places per category.

Team trophies will also be presented for the 1st, 2nd and 3rd Place teams each day and an overall 1st, 2nd and 3rd place 'Team Awards' will be presented at the end of the second day.



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EQUIPMENT

All athletes will be provided with a Daedo Electronic body protector and e-headguard.

All athletes should bring their own Daedo socks and all other PPE/equipment.

ALL ATHLETES MUST WEAR WORLD TAEKWONDO RECOGNISED UNIFORMS & PROTECTIVE EQUIPMENT.

ATHLETES MAY ALSO WEAR BRITISH TAEKWONDO APPROVED UNIFORMS MADE BY **RANGE SPORT UK** (not Range protective equipment).

A list of companies which supply WT-recognised protective equipment can be found on the WT website: <http://www.worldtaekwondo.org/wtpartners-wt/recognize.html>

All contestants will be required to proceed to the inspection desk for officials to check their uniform and protective equipment before entering the competition area. Any contestant wearing non-recognised or approved equipment will not be permitted to compete.

JEWELLERY & PIERCINGS

All Jewellery & Piercings must be removed before athletes arrive at the inspection desk as this causes substantial delays to matches when athletes are having to remove at inspection. We ask all coaches to ensure their athletes remove items beforehand. Athletes may miss or forfeit their match if they cannot meet competition rules.

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APPEALS

Instant Video replay (IVR) will be used for all matches on Saturday 30th September. For all matches on Sunday 1st October, appeals will be dealt with on court, during individual matches, using a coaches card system. Full details of this process will be given to coaches at the event briefing.

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LIABILITY

All competitors are considered to be participating at their own risk. British Taekwondo and the organiser assume no responsibility for any damages, injuries or losses. By submitting a competitor or coach application you are confirming that you are fit and able to take part in this World Taekwondo competition and do not suffer from any illness or condition that would prevent you from taking part. You also agree to be bound by the rules and regulations of British Taekwondo.



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IDENTIFICATION

All competitors and coaches must bring PHOTO identification to registration / weigh in.

Unfortunately, any competitor or coach who fails to produce photo ID for inspection may not be able take part in the competition.

This is at the full discretion of the competition organisers.

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ENTRY & PAYMENT

The entry fee for each contestant competing is £59.00. Entry fees must be paid in advance.

Details of how to pay will be sent to you.

- Please ensure that all payments are made on or before Tuesday 29th August 2023.
- Please ensure you put the club name and membership number in the payment reference box.
- No refunds will be provided by the OC for none competing athletes who have already applied. Entry fees will only be refunded for athletes who are unable to compete due to a medical withdrawal. To make a medical withdrawal an athlete must notify British Taekwondo in writing, no later than Monday 25th September. The athlete must then provide an official letter from a medical professional stating that the athlete was not medically fit to participate in the event. This letter must be provided no later than Friday 06 October. No other refunds requests will be permitted and places may not be transferred to other athletes after the 29th of August deadline.
- Any team or individual that fails to make payment before the deadline will be removed from the system on the 29th August and will not be re-added.
- Payment will not be accepted at registration.



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SPECTATORS

TICKET TYPE	ONLINE	ON THE DOOR
Adult Day *	£15	£20
Adult Weekend *	£25	Not available
Concession Day **	£7	£10
Concession Weekend **	£12	Not available

* Adults considered at age 16 and older.

** Concessions include children aged 15 and below, and 65 and older. It also includes anyone with a blue badge parking permit or other accessibility requirements related to a disability. Children aged 4 and below do not require a ticket.

Online ticket sales will close on Wednesday 27th of September at midnight.
All sales after this point will be charged at on-the-door rates.

SPECTATOR BEHAVIOUR

This event is a family friendly and zero tolerance event. Verbal abuse of any kind, towards event & venue staff, opposing teams and particularly children is never acceptable Taekwondo values expect people to be respectful whilst enjoy participating and supporting at events.

The venue also has a zero tolerance policy and people will be asked to leave the venue if found to be abusing others.

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TRAVEL

The English Institute for Sport (EIS) is at Coleridge Road, Sheffield S9 5DA
Public transport is the best way to get to the venue, by tram from the city centre and railway station - taking approx. 25 minutes
Go to <https://www.stagecoachbus.com/supertram> for more details.

PARKING

There are three car parks around the venue, however E.I.S. usually charge for parking at approx. £ 5 for the day.





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REFEREES

Invitations to express an interest in participating in this event will be sent to all qualifying referees. Any enquiries relating to this event should be sent to operations.sportreferees@britishtaekwondo.org

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PHOTOGRAPHY AND VIDEO RECORDING

By registering to compete at the event you are agreeing to have your image taken whilst in the venue by both British Taekwondo, the press and members of the public. In addition, you are agreeing to have your image shown on video, TV and online. If you have any safeguarding concerns in relation to this, please contact safeguarding@britishtaekwondo.org before the event to discuss.

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MEDIA ACCREDITATION

To apply for media accreditation please contact: media@britishtaekwondo.org

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VOLUNTEERING

If you would like to contribute to the success of this event, there are many volunteering opportunities available. For a full list of roles and how to apply, please visit the British Taekwondo website.

Alternatively, volunteers may also contact the British Taekwondo office by email to register their interest. Email to events@britishtaekwondo.org



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QUESTIONS / CONTACT INFO

If you have a question that is not covered in this invitation please email the Organising Committee at:
events@britishtaekwondo.org

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CONTACT

British Taekwondo
c/o House of Sport Manchester
Gate 13
Etihad Campus
Rowsley Street
Manchester
M11 3FF

Tel: **0161 697 5330**

Email: events@britishtaekwondo.org

Webpage: www.britishtaekwondo.org.uk